

Toothbrushing Tip #2

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This Dental Health Month
We're taking care of Aussie teeth!

Brushing tip

Aim the toothbrush bristles directly at the gum line, as this is where plaque starts to form and gently move the toothbrush in a circular motion.



We're proud to be Part of Bupa. 

Read more dental health tips here <http://www.brightstardental.com.au/dental-health-month/top-tips-family-oral-health&mount=news>